



A Look At The Numbers

The people behind Medicaid managed care



Managed care organizations (MCOs) employ a large network of healthcare professionals including doctors, nurses, and care coordinators to deliver their state's Medicaid benefits and keep members healthy. MCOs partner with 41 state governments to administer Medicaid benefits. That can mean

everything from coordinating individual care plans to managing provider contracts to promoting preventive care.

But what exactly does that look like in practice? Let's take a look at how individuals at a local MCO helped Maria find the care she needed during a high-risk pregnancy.

Support throughout the care process:



Support Staff

Spanish-speaking staff and translators helped Maria share important details about her condition with Jody.



Care Coordinator

Jody, a care coordinator at Maria's MCO [who worked with Maria throughout her pregnancy], proactively reached out to talk through these symptoms.



Healthcare Provider

With scheduling help from Jody, Maria had an appointment with a local healthcare provider who could review her symptoms and eventually help deliver the baby.¹



Member

Maria, a Medicaid beneficiary, was in the third trimester of her pregnancy when she began leaking fluid.

Addressing individual health needs:



Modern MCOs have the tools and resources needed to connect members with services that meet individual patient needs.



MCOs are embedded within their communities. With the knowledge of extensive local staff, MCOs can help address the specific healthcare challenges that community members face.



The modern managed care model doesn't just provide run-of-the-mill care management. From access to healthy nutrition to safe living conditions, all aspects of an individual's wellbeing are top priorities for MCO care coordinators.

1. "High-Risk Pregnancy Guided Step by Step. Meet Maria." Nebraska Total Care, 8 March 2021.